

Information from Brinova!

INFORMATION CONCERNING THE CORONA VIRUS covid-19

Covid-19 is an infectious disease caused by the new coronavirus. The disease is reminiscent of flu with fever and cough. Most people become mildly ill. Covid-19 was discovered in China at the end of 2019. Since it is a newly discovered disease, knowledge about it is gradually increasing. Brinova continuously monitors the information provided by the Public Health Authority (Folkhälsomyndigheten), which in turn is informed by the World Health Organization (WHO).

[Brinova urges its tenants to wait with non-emergency visits or service measures](#)

We ask our tenants for an understanding that we are currently only addressing emergency reports to reduce the spread of infection. If the matter is urgent, inform us so that appropriate safeguards can be taken. Other non-emergency cases are resolved as soon as the situation is stabilized.

[Brinova's guidelines for its employees](#)

In order not to jeopardize the tenants 'or employees' health, all employees who exhibit symptoms similar to those caused by the coronavirus are encouraged to stay at home.

[Protect yourself and others from the spread of infection](#)

The best way to protect yourself and others from getting sick is to avoid close contact with sick people. There are some general tips to avoid infection:

- [Wash your hands frequently](#)

Infectious agents get stuck easily on hands. They spread further when you take someone in hand. Therefore, wash your hands frequently with soap and warm water for at least 20 seconds. Always wash your hands when you get home or when you come to work after going out, before meals, during food handling and after a toilet visit. Handwash can be an option when you do not have the option of hand washing.

- [Coughing and sneezing in the fold of your arm or a paper handkerchief](#)

When you cough and sneeze, small, small droplets containing infectious agents are spread. By coughing and sneezing in the arm fold or in a paper handkerchief, you prevent infection from spreading in your environment or from contaminating your hands. Always throw the handkerchief in a trash can and wash your hands.

- [Avoid touching eyes, nose and mouth](#)

Infection is spread through the mucous membranes of the eyes, nose and mouth. A common preventative measure against respiratory tract infections is to avoid touching the eyes, nose and mouth.

- [Stay home when you are sick](#)

Stay home when you are sick. This way you avoid infecting people on the bus, at work or wherever you are close to others.

- [Hand sanitizer](#)

If soap and water are not available, you can use hand spirit with at least 60% alcohol. Always wash your hands with soap and water if your hands are visibly dirty.

[When should you seek care?](#)

Call telephone number 1177 if you have a fever, cough or respiratory disorder and if you have been in a risk area or in contact with someone who has covid-19.

[Do you have general questions about covid-19?](#)

Don't have any symptoms, but have other questions about covid-19?

Read answers to frequently asked questions on the Public Health Agency's website:

<https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/fragor-och-svar/>

Further questions? Call the telephone number 113 13 for general questions about covid-19 (NOT 1177).